



Extraordinary Conceptions
INTERNATIONAL SURROGACY & EGG DONATION

A SURROGATE JOURNEY GUIDE

Your journey, step by step.

A warm, honest walk-through of every stage of the surrogacy process; from your first application to holding hands with the Intended Parents on delivery day.



You're about to change lives.

Becoming a surrogate is one of the most generous decisions a person can make. At Extraordinary Conceptions we've walked hundreds of women through this exact journey. This guide breaks it down into ten clear steps so you always know what comes next, who is with you, and what to expect from your body, your family, and your Intended Parents.

AT A GLANCE

The 10 Steps of Your Journey

01	Check Eligibility	Day 1
02	Complete Your Application	15 minutes
03	Surrogacy Admissions Interview	30–60 minutes
04	Match With Your Ideal Intended Parents	1–3 months
05	Medical & Psychological Screening	4–6 weeks
06	Legal Agreements	3–5 weeks
07	Medications and Monitoring	4–8 weeks
08	Embryo Transfer	One day
09	Pregnancy & Support	~9 months
10	Birth & Postpartum Care	6–8 weeks recovery

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STEP 01 OF 10

DAY 1

Check Eligibility

We recommend that, before applying, surrogates research their eligibility. There are several legal requirements to becoming a surrogate; this is to protect the surrogate, intended parents, and coming baby. If you're considering surrogacy, have a look at our checklist. If you meet all of the requirements, you can move onto step two.

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STEP 02 OF 10

15 MINUTES

Complete Your Application

Congratulations, you meet all the requirements to be a surrogate! It's time for you to submit an application right here on our website; be sure to use as much detail as possible.

Once your application is submitted, someone from our Admissions Department will connect with you to discuss any questions and determine further eligibility. During this part we do request 6–10 photographs over text for your profile, so intended parents can get a better idea of who you are.

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STEP 03 OF 10

30-60 MINUTES

Surrogacy Admissions Interview



After your application is approved we will conduct an interview with you over the phone to go over the ins and outs of the surrogate process, compensation, and answer any additional questions you have. This call will be about 40-60 minutes long. At the end of the call we will email you some documents to fill out and return to officially start the surrogate process with us.

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STEP 04 OF 10

1-3 MONTHS

Match With Your Ideal Intended Parents



Let the matching begin! Once you're Available in our database, intended parents can see your profile; and you'll be assigned a Surrogacy Coordinator to help facilitate the process. When intended parents select your profile, your coordinator will plan a call for you to meet them. Following this meeting, you'll all have time to consider and decide whether it's the right match.

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STEP 05 OF 10

4-6 WEEKS

Medical & Psychological Screening

It's a match! Once you and your intended parents have chosen each other, it's time to make things official; which means some tests.

Typically, potential surrogates undergo a psychological evaluation with a Licensed Marriage and Family Therapist (LMFT), and visit the intended parents' chosen IVF clinic for medical screening, which includes blood work and a full physical. Your doctor may suggest additional tests to ensure your utmost health.

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STEP 06 OF 10

3-5 WEEKS

Legal Agreements

Following medical clearance, it's time to begin the legal portion of the process. This involves developing a contract with your intended parents and both attorneys. Generally, this begins with the intended parents and then moves to your party. The overall process lasts around 2-3 weeks and is paid for by the intended parents.

During this process, you and your intended parents will develop a birth plan; ensuring a smoother experience, particularly on delivery day.

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STEP 07 OF 10

4-8 WEEKS

Medications and Monitoring

Once contracts are signed, it's time to get ready for your embryo transfer. The clinic will send you a calendar detailing which medications to take and when. It is important to follow this exactly as directed. You will monitor at a local IVF clinic to you before and after embryo transfer to check uterine lining and ensure medication levels are at desired amounts for the embryo transfer. Medications do start a few weeks before the embryo transfer.

You will be placed on a combination of medications that the IVF clinic has planned for you. (oral, injectable, and vaginal suppository medications). You will remain on these medications until you are 12-14 weeks pregnant to ensure the transfer is successful and baby settles in nicely until your placenta fully takes over!

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STEP 08 OF 10

ONE DAY

Embryo Transfer

It's time for your transfer. This fairly quick and painless procedure involves your IVF doctor using a small catheter to insert embryos into your uterus. You'll bring a companion with you, and your intended parents may come as well.

At Extraordinary Conceptions, we arrange travel and hotel accommodations for surrogates who are not local to the area, as well as their companion. Following the procedure, you'll be advised to take 2-3 days of bed rest based on your doctor's recommendation.

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STEP 09 OF 10

~9 MONTHS

Pregnancy & Support

About two weeks after your transfer, you'll take a beta blood test to determine your body's hCG levels and confirm pregnancy. Once confirmed, you'll schedule your first ultrasound 4-5 weeks after the transfer; an exciting appointment that confirms the fetal heartbeat.

Following this ultrasound, you'll be monitored by the IVF clinic until given the go-ahead to "graduate" to an OB/GYN for the rest of your pregnancy.

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STEP 10 OF 10

6-8 WEEKS RECOVERY

Birth & Postpartum Care

After months of waiting, the moment has arrived: it's time to deliver. In most cases, surrogates give birth at their local hospital, with the intended parents right by their side.

Following delivery, many surrogates remain close friends with their intended parents and have a great relationship with the child they carried. Some love it so much, they even choose to become a surrogate multiple times.



THE DESTINATION

A family, forever changed.

You'll leave the hospital knowing you gave the greatest gift possible, and you'll always be part of that family's story. From your first application to the moment the baby is placed in the arms of the Intended Parents, you are never walking this path alone. We're honored to walk it with you.

Ready to begin your journey?

Apply today at extraconceptions.com or reach us directly:

(760) 438-2265 · surroteam@extraconceptions.com